



Grassroots to Champions

Technique. Technology. Training.

2018 Training Camp June 25-29 OR June 25-30

Hampton Roads Iceplex - 401 Village Ave Yorktown, VA 23693

G2C Training Camp is a comprehensive week of innovative training for aspiring elite skaters who have the dedication to develop their full potential as athletes and artist.

On ice topics will include

- group instruction in jumps and spins, edge classes, components classes, professional performance class and 2 freestyle sessions daily with private lessons

Off ice classes include

- off-ice rotation harness, dance/ballet classes, sports psychology, developing agility and strength, understanding IJS points and competition preparation.

- ◆ NEW THIS YEAR! G2C Training Camp will include parent track sessions AND G2C Training Camp will count for PSA credits for coaches-more info to come. Coaches will have a separate registration for camp-see G2C 2018 Training Camp webpage.

- Minimum jump requirement: consistent axel.
- Non-boarding camp-see webpage for housing options



Olympic Coach & G2C Founder
Audrey K. Weisiger

*June 29-30th Special Presentation
From Learn to Skate to the Olympics*

Marla and Jason Brown will discuss family, priorities and the world of figure skating.

Jason will teach on-ice group lessons and will be available June 30th for semi-private lessons-sign up for those when you register for camp. Presentation is included in Training Camp or you may attend just presentation.



Olympian and 2015 National Champion
Jason Brown

For More Information:

<https://grassrootstochampions.com/training-camp/> or contact Joy Wells joyg2c@gmail.com